

# Channel Soundings

Term 4 - 18 October 2018

## FROM THE ACTING PRINCIPAL

Welcome back to school, for our last term for 2018. I trust that the holidays were a time to reflect, rest and recharge. This morning I listened to a podcast from Jeff Bethke on self-care. He spoke about true self-care being the things that recharge us to enable us to continue to do the work God has given us to do. He likened it to putting petrol in a car to keep it moving. We all need to look after ourselves and how we do that differs from person to person.

The two things we need to look out for are consumerism and escapism. Consumerism likes to sell us things, which are nice for a while but don't recharge us. Escapism is similar, we escape from the stress of life with a glass of wine, Facebook/Netflix. But again, it does not recharge us. The challenge is for us to find ways that will truly renew our spirit and give us purpose to continue in our calling.

None of these are bad things, and even benefit us as a person, but they are not true self-care. Learning to live loving God and others is what gives us a true sense of self, peace and hope.

God bless,  
Margaret Louw



## SUN SMART

It is term 4 and the weather is warming up, UV rays are getting stronger. As a "Sun-smart school" it is our policy that all students and staff wear a hat during outside activities time, recess, lunch, PE, and any other time children and staff may be outside. Please ensure your child has a school hat which is clearly named. Sunscreen is also available in each classroom. If your child has allergies or you prefer to send along your own sunscreen, please inform the teacher and the office staff.

## EVENTS COMING UP

- \* Salvation Army Assembly - 19 October
- \* Hobart Show - 25 October
- \* Non-attendance Day - 26 October
- \* Huon Show - 17 November
- \* Check out the calendar on our web site for what is happening in term 4.

[www.channel.tas.edu.au](http://www.channel.tas.edu.au)

## OPERATION CHRISTMAS CHILD BOXES

Have you filled a box lately?

Thank you to all those families who have already filled a box and delivered it to school. We currently have 23 boxes filled and waiting to be picked up. The deadline for bringing the boxes to school is NEXT Wednesday, 24th October.



## ASSEMBLY

This Friday we will present a cheque to the Salvation Army for the Winter Appeal of \$1200. Thank you for your generosity. The whole process was a practical way for students to learn that "Learn to Love" often includes sacrifice of time and money.



**Channel**  
CELEBRATING 30 YEARS  
**CHRISTIAN SCHOOL**

## LEGO COMPETITION

We had our annual Lego competition at the end of last term and Erin Oudman was the overall winner. The entries were excellent, and very difficult to judge, well done all participants. We sent Erin's entry to the Southern Brixhibition to represent Channel Christian School and she was awarded second prize, which included a trophy and \$200 gift voucher. Congratulations Erin!



## A NOTE FROM SCHOOL COUNCIL

Welcome back to Channel, I hope you all had a refreshing break and are ready to get into the last term. 4th Term is always a very busy one for our teachers and staff, so please take the time to encourage them and perhaps offer your services. Please also remember to support Margaret Louw, this is a very busy time for her as our acting principal and your support and encouragement would mean a great deal to her.

Our next Council meeting is on Monday night, please feel free to email the office with any items you wish to bring to council

Clancy Hartman  
Chair

## FOOTY FUN FRIDAY

Thank you to those that donated eggs, bacon and bread for our Footy Fun Friday breakfast. A fun morning was enjoyed by all.



## PRAYER POINTS

Thank God for :

A positive and strong start to Term 4

A new addition to Jonah's (Year 1) family, a healthy little boy called Walter.

An active school council who are passionate about doing what is best for the school and its community

Pray for:

The process of searching for and appointing a principal for 2019

Families and friends who are considering schools for their children that will support the values taught at home.